

PANINIS, WRAPS & SANDWICHES

Cubano Panini

Sourdough, ham, roasted pork, Swiss cheese, pickles, mustard
\$12.49

Grilled Cheese VEGETARIAN

Sourdough, Swiss cheese, cheddar cheese, provolone cheese, kalamata olives
\$9.99

Mediterranean Falafel Wrap VEGAN

Spinach tortilla, falafel, cauliflower, red peppers, hummus, tahini sauce
\$11.99

Philly Cheese Steak Wrap

Flour tortilla, beef, romaine lettuce, Swiss cheese, onion pepper mix, dill pickles, pickled onions, chipotle mayonnaise
\$12.99

Roasted Chicken and Red Pepper Sandwich

Sourdough, chicken, roasted red peppers, spinach, Swiss cheese, vegan basil pesto (WALNUTS), chipotle mayo
\$12.99

Roasted Chicken and Red Pepper Panini

GLUTEN-FREE, WHEAT-FREE
Gluten-free bread, chicken, roasted red peppers, spinach, Swiss cheese, red onions, vegan basil pesto (WALNUTS), chipotle mayo
\$12.99

Roasted Yam Panini VEGAN

Sourdough, roasted yam, peppers, spinach, red onion, vegan cheese, grainy mustard
\$11.99

Tofu Scramble Breakfast Wrap VEGAN

Flour tortilla, tofu scramble, potatoes, black beans, peppers & onions, vegan cheese, tomatillo salsa
\$12.49

SIDES

Soup de Jour

Freshly made soup of the day
\$6.99

CAFÉ HOURS

9:00am - 5:00pm Every Day

Please note that these hours may vary based on holiday schedules.

CAFÉ LOCATIONS

10th Ave Market

1304 10 Ave SW, Calgary, AB
T3C 0J2
(403) 930-6363

Crowfoot Market

850 Crowfoot Crescent NW, Calgary, AB
T3G 4M4
(403) 930-6363

Seton Market

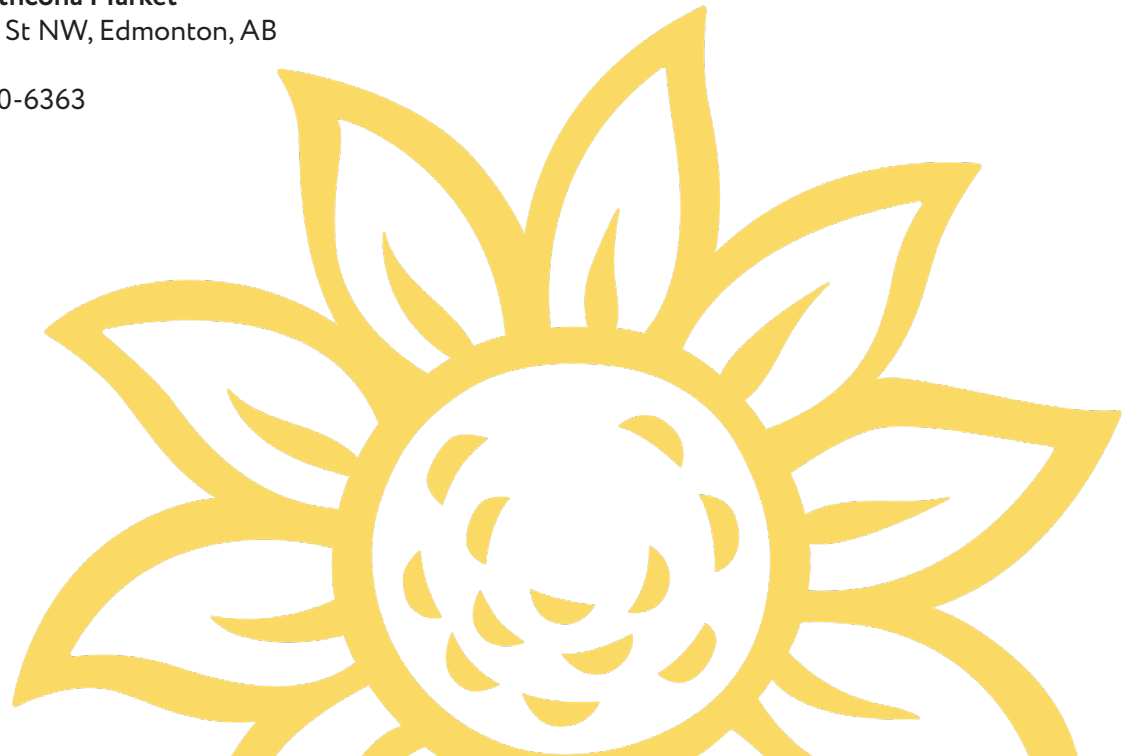
3975 Market Street SE, Calgary, AB
T3M 2P2
(403) 930-6363

Old Strathcona Market

7917 104 St NW, Edmonton, AB
T6E 4E1
(403) 930-6363



Café Menu



ELIXIRS

Immune Defense 12oz

CAFFEINE FREE, VEGETARIAN

Almond milk, honey, ginger, bee pollen, elderberry syrup & lemon zest
\$7.99

Matcha Glow 12oz

Oat milk, matcha, coconut milk powder, moringa leaf, cacao butter, collagen & orange zest
\$7.99

Inflammation Blast 12oz

CAFFEINE FREE, VEGAN

Oat milk, turmeric, ginger, cinnamon, cardamom, black pepper, 5 mushroom blend, orange zest & nutmeg
\$7.99

Klean Kickstart 12oz

VEGAN

Almond milk, cordyceps mushroom, maple syrup, hemp seed & dark chocolate
\$7.99

Chaga Chai 12oz

CAFFEINE FREE, VEGAN

Oat milk, chaga mushroom, cardamom, turmeric, ginger, honey, cinnamon & black pepper
\$7.99

Bone Broth Elixir 8oz

Grassfed bison bone broth & cayenne pepper
\$5.99

Fat Coffee 12oz

KETO, VEGETARIAN

Coffee, MCT, grassfed butter
\$7.99

Smart Coffee 12oz

VEGAN

Coffee, lion's mane mushroom
\$5.99

SMOOTHIES

Community Classic 16oz VEGETARIAN

Raspberries, banana, yogurt, orange juice
\$10.99

Blue Demon 16oz VEGAN

Blueberry, banana, hemp seed, spirulina, unsweetened almond milk
\$10.99

Green Goddess 16oz VEGAN

Kale, avocado, raspberry, parsley, brown flax, orange juice
\$10.99

Pina Colada 16oz VEGAN

Banana, turmeric, ginger, pineapple, coconut beverage
\$10.99

The Radiant 16oz

Blueberry, raspberry, pineapple, yogurt, orange juice, collagen, schisandra berry
\$10.99

Green Sweep

Botanica perfect greens, ancient nutrition collagen, orange juice, kale, pineapple, fresh mint
\$10.99

Smoothie Add Ons \$1

Hemp Seed, Flax Seed, Spirulina, Kale, Banana, Avocado

*All smoothies are WHEAT-FREE

Add Ons \$1.49

add to any elixir, specialty coffee, juice or smoothie

SURO Elderberry syrup

NATURAL FACTORS Antiviral

HARMONIC ARTS Reishi, turkey tail, cordyceps, lion's mane, 5 mushroom blend

Add Ons \$1.99

Whey Protein; Plant Based Protein, Total Body Collagen, Botanica Perfect Greens
MCT booster

HOT BEVERAGES

12oz 16oz

Americano	\$4.49	\$4.99
Cappuccino	\$4.99	\$5.29
Café Mocha	\$4.99	\$5.29
Café Latte	\$4.99	\$5.29
Hot Chocolate	\$4.99	
Extra Espresso Shot	\$1.99	
Drip Coffee	\$2.49	\$2.79
Steeped Tea	\$2.99	

FRESH JUICE

16oz 1L

Community Immunity

Carrot, celery, orange, turmeric, ginger

\$10.99 \$19.99

Green Energy

KETO

Cucumber, celery, kale, parsley, lemon, ginger

\$10.99 \$19.99

Good Gut

Carrot, apple, beet, ginger

\$10.99 \$19.99

The Cure

Apple, cucumber, kale, lemon, mint

\$10.99 \$19.99

BUILD YOUR OWN JUICE:

\$10.99 \$19.99

Choose any combination of:

Carrot • Beet • Apple • Celery

Add ONE premium item for FREE, then \$1 each:

Ginger • Turmeric • Kale • Lemon • Orange • Cucumber • Mint • Parsley

*All juices are VEGAN and WHEAT-FREE